

# NOTRE DAME OF KIDAPAWAN COLLEGE

Datu Ingkal Street, Kidapawan City, Cotabato

## BPEd 2023-2024 | Bachelor of Physical Education

### 1st Year-1st

Course Information						Prerequisite			
#	Code	Description	Unit	Lec	Lab	Req. Year Level	Req. Units	Req. En. Units	Subject Prerequisite
1.	ENG +	ENGLISH GRAMMAR	3.00	3		None	None	None	None
2.	GEC 1	READINGS IN PHILIPPINE HISTORY	3.00	3		None	None	None	None
3.	GEC 5	MATHEMATICS IN THE MODERN WORLD	3.00	3		None	None	None	None
4.	GEC 2	SCIENCE, TECHNOLOGY, AND SOCIETY	3.00	3		None	None	None	None
5.	PED 101	PHILOSOPHICAL AND SOCIO-ANTHROPOLOGICAL FOUNDATIONS OF PHYSICAL EDUCATION AND SPORTS	3.00	3		None	None	None	None
6.	PED 102	ANATOMY AND PHYSIOLOGY OF HUMAN MOVEMENT	3.00	3		None	None	None	None
7.	PROF ED 101	THE CHILD AND ADOLESCENT LEARNERS AND LEARNING PRINCIPLES	3.00	3		None	None	None	None
8.	RE 1	FUNDAMENTALS OF FAITH	3.00	3		None	None	None	None
9.	RS 1	FUNDAMENTALS OF SPIRITUALITY	3.00	3		None	None	None	None
10.	RE 101	CATHOLIC SOCIAL TEACHINGS AND CONTEMPORARY ISSUES	3.00	3		None	None	None	None
11.	RS 101	CULTURE OF DIALOGUE	3.00	3		None	None	None	None
12.	PE1	PHYSICAL ACTIVITIES TOWARD HEALTH AND FITNESS 1: MOVEMENT COMPETENCY TRAINING	2.00	2		None	None	None	None
13.	NSTP 1	CIVIC WELFARE TRAINING SERVICE / RESERVE OFFICER TRAINING CORPS	3.00	3		None	None	None	None
			29	29	0				

### 1st Year-2nd

Course Information						Prerequisite			
#	Code	Description	Unit	Lec	Lab	Req. Year Level	Req. Units	Req. En. Units	Subject Prerequisite
1.	GEC 4	THE CONTEMPORARY WORLD	3.00	3		None	None	None	None
2.	GEC 6	PURPOSIVE COMMUNICATION	3.00	3		None	None	None	None
3.	GECE 11	PHILIPPINE POPULAR CULTURE	3.00	3	0	None	None	None	None
4.	PED 111	PHYSIOLOGY OF EXERCISE AND PHYSICAL ACTIVITY	3.00	3		None	None	None	PED 102
5.	PED 112	PRINCIPLES MOTOR CONTROL AND LEARNING OF EXERCISES, SPORTS, AND DANCE	3.00	3		None	None	None	PED 102
6.	PED 113	COORDINATED SCHOOL HEALTH PROGRAM	3.00	3		None	None	None	None
7.	PROF ED 111	THE TEACHER AND COMMUNITY, SCHOOL CULTURE AND ORGANIZATIONAL LEADERSHIP	3.00	3		None	None	None	None
8.	RE 2	INTRODUCTION TO SACRED SCRIPTURE	3.00	3		None	None	None	RE 1
9.	RS 2	FUNDAMENTALS OF BELIEFS AND PRACTICES	3.00	3		None	None	None	RS 1
10.	RE 102	CHRISTIAN MORALITY	3.00	3		None	None	None	RE 101
11.	RS 102	ETHICAL SYSTEM AND SOCIAL RESPONSIBILITY	3.00	3		None	None	None	RS 101
12.	PE2	PHYSICAL ACTIVITIES TOWARD HEALTH AND FITNESS 2: EXERCISE-BASED FITNESS ACTIVITIES	2.00	2		None	None	None	PE1
13.	NSTP 2	CIVIC WELFARE TRAINING SERVICE / RESERVE OFFICER TRAINING CORPS	3.00	3		None	None	None	NSTP 1
			29	29	0				

### 2nd Year-1st

Course Information						Prerequisite			
#	Code	Description	Unit	Lec	Lab	Req. Year Level	Req. Units	Req. En. Units	Subject Prerequisite
1.	PROF ED 201	THE TEACHING PROFESSION	3.00	3		None	None	None	PROF ED 101
2.	PROF ED 202	FACILITATING LEARNER-CENTERED TEACHING	3.00	3		None	None	None	PROF ED 101
3.	GEC 3	UNDERSTANDING THE SELF	3.00	3		None	None	None	None
4.	GEC 7	ART APPRECIATION	3.00	3		None	None	None	None
5.	GECE 4	LIVING IN THE IT ERA	3.00	3		None	None	None	None
6.	PED 201	APPLIED MOTOR CONTROL AND LEARNING OF EXERCISE, SPORTS, AND DANCE	3.00	3		None	None	None	PED 112
7.	PED 202	SPORTS AND EXERCISE PSYCHOLOGY	3.00	3		None	None	None	None
8.	RE 3	OLD TESTAMENT: SALVATION HISTORY	3.00	3		None	None	None	RE 2

9.	RS 3	WORSHIP AND FELLOWSHIP	3.00	3		None	None	None	RS 2
10.	PE3	PHYSICAL ACTIVITIES TOWARD HEALTH AND FITNESS 3- DANCE, SPORTS, MARTIAL ARTS, GROUP EXERCISE, OUTDOOR AND ADVENTURE ACTIVITIES	2.00	2		None	None	None	PE1 PE2
			26	26	0				

## 2nd Year-2nd

Course Information						Prerequisite			
#	Code	Description	Unit	Lec	Lab	Req. Year Level	Req. Units	Req. En. Units	Subject Prerequisite
1.	PROF ED 211	FOUNDATION OF SPECIAL AND INCLUSIVE EDUCATION	3.00	3		None	None	None	None
2.	PROF ED 212	BUILDING AND ENHANCING NEW LITERACIES ACROSS CURRICULUM	3.00	3		None	None	None	None
3.	GEC 9	THE LIFE AND WORKS OF RIZAL	3.00	3		None	None	None	None
4.	PED 210	MOVEMENT EDUCATION	3.00	3		None	None	None	PED 112
5.	PED 211	DRUG, EDUCATION, CONSUMER HEALTH EDUCATION AND HEALTHY EATING	3.00	3		None	None	None	None
6.	PED 212	PERSONAL, COMMUNITY AND ENVIRONMENTAL HEALTH	3.00	3		None	None	None	None
7.	PED 213	EMERGENCY PREPAREDNESS AND SAFETY MANAGEMENT	3.00	3		None	None	None	None
8.	RE 4	NEW TESTAMENT: CHRISTOLOGY	3.00	3		None	None	None	RE 3
9.	RS 4	INTER-RELIGIOUS DIALOGUE	3.00	3		None	None	None	RS 3
10.	PE4	PHYSICAL ACTIVITIES TOWARD HEALTH AND FITNESS 4 - DANCE, SPORTS, MARTIAL ARTS, GROUP EXERCISE, OUTDOOR AND ADVENTURE ACTIVITIES	2.00	2		None	None	None	PE1 PE2
			26	26	0				

## 2nd Year-Summer

Course Information						Prerequisite			
#	Code	Description	Unit	Lec	Lab	Req. Year Level	Req. Units	Req. En. Units	Subject Prerequisite
1.	PED 221	INDIVIDUAL / DUAL SPORTS	3.00	3		None	None	None	None
2.	PED 222	SWIMMING AND AQUATICS	3.00	3		None	None	None	None
			6	6	0				

Total Units 58 58 0

## 3rd Year-1st

Course Information						Prerequisite			
#	Code	Description	Unit	Lec	Lab	Req. Year Level	Req. Units	Req. En. Units	Subject Prerequisite
1.	PROF ED 301	ASSESSMENT IN LEARNING 1	3.00	3		None	None	None	PROF ED 202
2.	PROF ED 302	TECHNOLOGY FOR TEACHING AND LEARNING 1	3.00	3		None	None	None	None
3.	PROF ED 303	THE TEACHER AND THE SCHOOL CURRICULUM	3.00	3		None	None	None	None
4.	GECE 6	PHILIPPINE INDIGENOUS COMMUNITIES	3.00	3		None	None	None	None
5.	PED 301	PHILIPPINE TRADITIONAL DANCES	3.00	3		None	None	None	None
6.	PED 302	PHILIPPINE TRADITIONAL GAMES AND SPORTS	3.00	3		None	None	None	None
7.	PED 303	TEAM SPORTS	3.00	3		None	None	None	None
8.	PED 304	CURRICULUM AND ASSESSMENT IN PHYSICAL EDUCATION AND HEALTH EDUCATION FOR K12	3.00	3		None	None	None	None
			24	24	0				

## 3rd Year-2nd

Course Information						Prerequisite			
#	Code	Description	Unit	Lec	Lab	Req. Year Level	Req. Units	Req. En. Units	Subject Prerequisite
1.	PROF ED 311	ASSESSMENT LEARNING 2	3.00	3		None	None	None	PROF ED 301
2.	PED 315	TECHNOLOGY APPLICATION 2 (TEACHING PHYSICAL EDUCATION AND HEALTH EDUCATION INCLUDING MATERIALS DEVELOPMENT)	3.00	3		None	None	None	PROF ED 302
3.	PED 316	RESEARCH IN EDUCATION 1	3.00	3		None	None	None	None
4.	GEC 8	ETHICS	3.00	3		None	None	None	None
5.	PED 311	MUSIC IN K-12 CURRICULUM	3.00	3		None	None	None	None
6.	PED 312	ARTS IN K-12 CURRICULUM	3.00	3		None	None	None	None

7.	PED 313	INTERNATIONAL DANCES AND OTHER FORMS	3.00	3		None	None	None	None
8.	PED 314	PROCESS OF TEACHING PHYSICAL EDUCATION AND HEALTH	3.00	3		None	None	None	None
			24	24	0				

#### 4th Year-1st

Course Information						Prerequisite			
#	Code	Description	Unit	Lec	Lab	Req. Year Level	Req. Units	Req. En. Units	Subject Prerequisite
1.	PROF ED 402	FIELD STUDY 1	3.00	3		None	None	None	None
2.	PROF ED 403	FIELD STUDY 2	3.00	3		None	None	None	None
			6	6	0				

#### 4th Year-2nd

Course Information						Prerequisite			
#	Code	Description	Unit	Lec	Lab	Req. Year Level	Req. Units	Req. En. Units	Subject Prerequisite

1.	PROF ED 411	TEACHING INTERNSHIP	6.00	6		None	None	None	PED 101 PED 102 PROF ED 101 PED 111 PED 112 PED 113 PROF ED 111 PROF ED 201 PROF ED 202 PED 201 PED 202 PROF ED 211 PROF ED 212 PED 210 PED 211 PED 212 PED 213 PED 221 PED 222 PROF ED 301 PROF ED 302 PROF ED 303 PED 301 PED 302 PED 303 PED 304 PROF ED 311 PED 315 PED 316 PED 311 PED 312 PED 313 PED 314 PROF ED 402 PROF ED 403
			6	6	0				

**Grand Total of Units** 176 176 0